

Behavioral Health Integration – Children and Youth Collaborative Learning Exchange (BHI – CYCLE) Participant Welcome Packet

On behalf of the California Quality Collaborative (CQC), **welcome to the Behavioral Health Integration – Children and Youth Collaborative Learning Exchange (BHI – CYCLE)!** We are excited to get to know your team and launch learning events and peer connections this October. Here are on-boarding resources your program lead and team should review in the upcoming weeks.

1. Website

CQC regularly updates the [BHI - CYCLE Program page](#), where you'll find upcoming calendar information, resources and event materials to help you engage and apply learnings during the program. This website is for program participants only; please **do not** share this link with those outside of BHI - CYCLE.

Action requested:

- Bookmark the [BHI - CYCLE Program page](#)

2. Calendar

Below, you'll find an overview of BHI - CYCLE event types. Attached to this email is a calendar of all upcoming events in 2024 and 2025. CQC will communicate events and resources via emailed invitations, BHI - CYCLE Commons webinars and the monthly BHI – CYCLE Connect newsletter.

We will send out calendar invitations for all events, including optional peer office hour sessions. For in-person site visits, we send out calendar invitation to hold the date and time and will send out a registration link closer to the meeting. All of our virtual events will be hosted on Zoom; generally, all events are recorded and materials are posted within a few days on the [BHI – CYCLE Program Page](#).

Action requested:

- Make sure that you received calendar invitations from CQCinfo@pbgh.org (after sending your team names & emails to [Anna Baer](#))
- Accept the invitations for each meeting
- Download Zoom for the computer you will be logging in from (if you don't already have it)

Event Type	Frequency	Audience	Objectives
Webinar – BHI - CYCLE Commons [Required]	Monthly (1 st Monday at 12 p.m.) 60 minutes	BHI – CYCLE Project Leads and teams	<ul style="list-style-type: none"> ▪ Increase cohort knowledge with didactic content ▪ Support peer learning through prepared presentations ▪ Share key program updates & dates
Webinar – Peer Office Hour [Optional]	Bi - monthly (3 rd Monday at 12 p.m.) 45 minutes	BHI – CYCLE Project Leads and teams	<ul style="list-style-type: none"> ▪ Share questions and learnings in peer-centered format. ▪ Offer open space for discussion & questions ▪ Cover topics relevant to learning area
In Person Site Visit [Required]	One in person site visit (Q1 2025, San Diego)	BHI – CYCLE Project Leads and teams	<ul style="list-style-type: none"> ▪ Tour exemplary integrated site ▪ Cover key curriculum area

3. BHI – CYCLE Technical Assistance

Here is what you can expect from BHI – CYCLE technical assistance:

a. Learning Activities

BHI – CYCLE will be a virtual-first learning collaborative, meaning we will offer regular learning sessions online, including one mandatory monthly webinar (BHI – CYCLE Commons) and one optional monthly webinar (Peer Office Hour). Additionally, we invite all team members to attend an in person site visit. In addition to attending live webinars with expert perspectives and peer problem solving, we will be sharing a curated library of resources to support teams during their program projects. Additional optional learning opportunities such as CQC’s Model for Improvement online course will be made available to BHI – CYCLE participants.

b. Program Resources

Starting this spring, you’ll start receiving regular BHI – CYCLE newsletters (the BHI – CYCLE Connect) which will feature upcoming events, program resources, and updates to our program website. Newsletters will be sent the first week of each month from the California Quality Collaborative (cqcinfo@pbgh.org), and archived newsletters will be found on the BHI – CYCLE website [here](#).

4. BHI – CYCLE Team

Program Director



Kristina Mody [[bio](#)]

Director, Practice Transformation

- Directs the BHI – CYCLE Learning Collaborative
- Designs BHI – CYCLE curriculum and learning events
- Email: kmody@pbgh.org

Clinical Subject Matter Experts



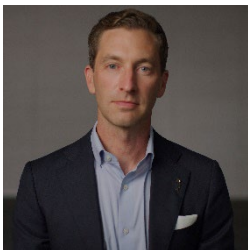
Anne Bird, M.D. [[bio](#)]

Medical Program Director, Primary Care Mental Health Integration
Transforming Mental Health, Rady Children’s Hospital
Clinical Professor, University of California San Diego (UCSD)



Nicole Carr-Lee, PsyD [[bio](#)]

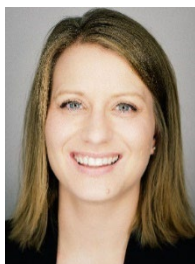
Director of Clinical Operations and Integration – Mental Health
Integration
Rady Children’s Hospital – San Diego



Benjamin Maxwell, M.D. [[bio](#)]

Chief, Child and Adolescent Psychiatry, UC San Diego
Una Davis Endowed Chair, Rady Children’s Hospital – San Diego

Operational Subject Matter Experts



Elizabeth Rains, MPH [[bio](#)]

Manager, Business Planning at Rady Children’s Hospital – San
Diego



Jen Zubyk [[bio](#)]

Quality Improvement Advisor for Transforming Mental Health Initiative

Rady Children’s Hospital – San Diego

Program Administration



Anna Baer [[bio](#)]

Program Coordinator, Care Transformation

- Manages virtual learning events
- Available for scheduling assistance and tech support for newsletter access
- Email: abaer@pbgh.org

5. Onboarding Checklist

ASAP:

- Accept invitations from cqcinfo@pbgh.org to your personal calendar through the end of the year
- Complete Team Introduction Slide by **Monday, September 23**

By October 15, 2024:

- Make sure you are receiving BHI - CYCLE Newsletter